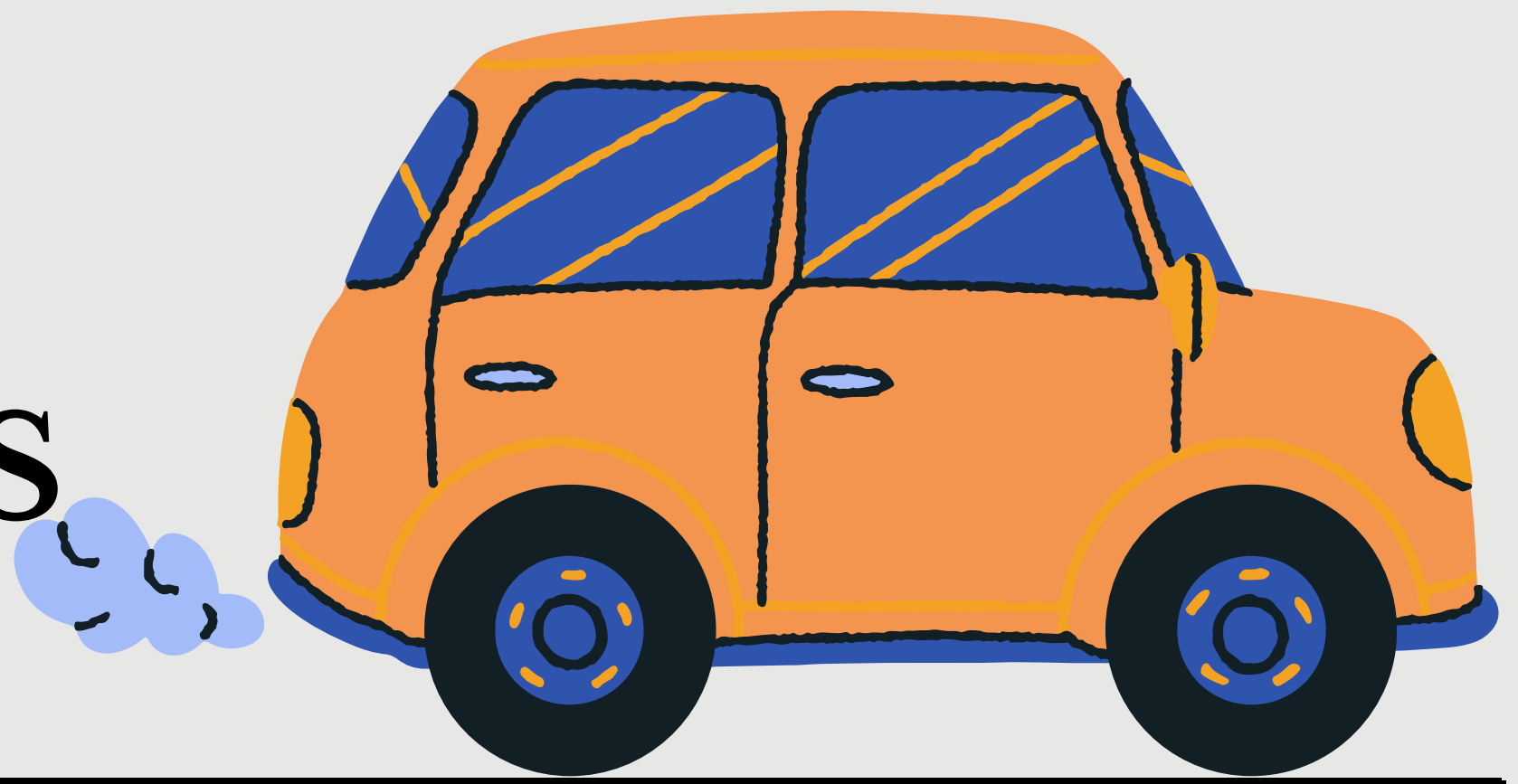


ECONOMIC FOOTPRINTS



Reflection

In this class, we took time to enjoy the outdoors. Despite the chilly -15°C weather, we stayed warm through a fun activity that helped us track our ecological footprints. We stood in a circle and moved according to our teacher's instructions for each question. For example, our teacher asked, 'If you drove to class today, take two steps back; if you took the bus, take one step back; and if you walked or biked, stay where you are.' This activity helped us become more aware of the impact of our ecological footprints. We then discussed ways to reduce our impact and contribute to a healthier environment.

Connection

I felt that the activity we all interacted in during class really helped me reflect on how to reduce my economic footprint, as well as the many ways I already live sustainably. I was raised to provide food for myself and my family through hunting, fishing, and gardening, which have been highly sustainable practices throughout my life. I think it's highly beneficial for people to learn some of these basic skills, as a significant amount of emissions come from livestock, particularly cows, and the transportation of food across the world.



What & Why

I find this highly important because CO_2 levels in our atmosphere are increasing and are much higher than they should be. Global warming is a real issue, and it is essential to show our students and members of society the impact they are making and how they can reduce their ecological footprints. This should be a greater priority for our global population.

Quote of The Day

"We're the ones who can make a difference. If we lead lives where we consciously leave the lightest possible ecological footprints, if we buy the things that are ethical for us to buy and don't buy the things that are not, we can change the world overnight"- Jane Goodall

Jane Goodall quote. A. (n.d.). <https://www.azquotes.com/quote/924004?ref=ecological-footprints>

